

# Anna Rubik Hakobjanyan

Faculty of Philosophy and Psychology  
Chair of Personality Psychology  
Assistant

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## Education

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<b>Institution</b>	Yerevan State University
<b>Faculty</b>	Philosophy and psychology
<b>Date</b>	2009 - 2014
<b>Degree name</b>	Applicant

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<b>Institution</b>	Yerevan State University
<b>Faculty</b>	Philosophy and psychology
<b>Date</b>	2007 - 2009
<b>Degree name</b>	Masters

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<b>Institution</b>	Yerevan State University
<b>Faculty</b>	Philosophy, sociology and psychology
<b>Date</b>	2003 - 2007
<b>Degree name</b>	Bachelor

## Scientific Rank/degree

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<b>Institution</b>	Yerevan State University
<b>Date</b>	2021
<b>Degree name</b>	Candidate
<b>Specialty</b>	Psychological sciences
<b>Scientific Supervisor</b>	Narine Khachatryan
<b>Research Topic</b>	The role of person's self-regulation mechanisms in health behavior.

## Language skills

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Հայերեն Русский English

## Work experience

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<b>Institution</b>	Yerevan State University
<b>Period of time</b>	2021 till now
<b>Rank/degree</b>	Research Fellow

**Institution** Yerevan State University  
**Period of time** 2017 till now  
**Rank/degree** Assistant Professor

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**Institution** Yerevan State University  
**Period of time** 2014 - 2021  
**Rank/degree** Junior Research Fellow

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**Institution** Yerevan State University  
**Period of time** 2012 - 2017  
**Rank/degree** Lecturer

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**Institution** Yerevan State University  
**Period of time** 2009 - 2012  
**Rank/degree** Senior Lab Assistant

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**Institution** "Orran" Benevolent Non-Governmental Organization  
**Period of time** 2006 - 2008  
**Rank/degree** Psychologist - volunteer

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## Scientific interests

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- Personality Psychology
  - Psychological Counseling
  - Health Psychology, health behavior
  - Self-regulation
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## Participation in international conferences and seminars

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**04/09/2023 - 08/09/2023** 37th Annual Conference of the European Health Psychology Society  
University of Bremen  
Germany

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**18/10/2010 - 22/10/2010** Workshop on "Intervention following Bereavement: Application and Training".  
IUPsyS, Jena  
Germany

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**01/09/2011 - 03/09/2011** Workshop on "Teaching for Quality Learning".  
Yerevan State University  
Armenia

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**03/10/2011 - 07/10/2011** Workshop on Bereavement "Advanced In-field Training and Curriculum Development".  
Tbilisi State University

Georgia

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**20/01/2012 -  
21/01/2012**

Workshop on "Life Script Concept in Transactional Analysis".  
Yerevan State University  
Armenia

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**15/06/2012 -  
16/06/2012**

Workshop on "From Passivity to Autonomy. Transactional Analysis".  
Yerevan State University  
Armenia

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**01/02/2013 -  
02/02/2013**

Workshop on practical course "Classical School of Transactional Analysis".  
Yerevan State University  
Armenia

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**21/06/2013 -  
22/06/2013**

Workshop on practical course "Cultural and Social Aspects of Transactional Analysis".  
Yerevan State University  
Armenia

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**16/03/2013 -  
17/03/2013**

Training on "Archetypical Theatre", 2nd module  
Yerevan State University  
Armenia

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**25/10/2012 -  
28/10/2012**

Training on "Archetypical Theatre", 1-st module.  
Yerevan State University  
Armenia

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**18/11/2013 -  
21/11/2013**

Deinstitutionalization Opportunities on Social Inclusion of Persons with Intellectual Disabilities in EaP Countries  
Chisinau, Moldova  
Moldova (the Republic of)

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**15/07/2014 -  
19/07/2014**

17th European Conference on Personality, ECP 17  
University of Lausanne  
Switzerland

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**14/03/2015 -  
18/03/2015**

Rome Model United Nations 2015 conference: "Feeding the Planet: Energy for Life".  
LUISS Guido Carli University of Rome  
Italy

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**16/11/2015 -  
19/11/2015**

"Promoting internationalization of HEIs in Eastern Neighborhood Countries through Cultural and Structural Adaptations" project. Tempus/PICASA.  
Yerevan State University  
Armenia

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**05/06/2017 -  
09/06/2017**

"Geshtalt-therapy". Gestalt-Forum Marburg  
Yerevan State University

Armenia

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**17/07/2018 - 21/07/2018** - 19th European Conference on Personality, ECP 19  
University of Zadar  
Croatia

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**18/02/2022 - 20/02/2022** - Brainspotting: Phase 2  
Yerevan State University  
Armenia

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**11/02/2022 - 13/02/2022** - Brainspotting: Phase 1  
Yerevan State University  
Armenia

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**12/07/2022 - 15/07/2022** - 20th European Conference on Personality, ECP 20  
Universidad Europea de Madrid  
Spain

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## Publications

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*Article*

**Which Cultural Dimensions Predict Variations in Emotional Conformity? An Extension of Vishkin et al. (2023) Across 28 Nations**

Anna Hakobjanyan, Ani Grigoryan, Lusine Grigoryan, et al.

Journal of Cross-Cultural Psychology 2025 911-928

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*Article*

**The Social Cure Properties of Groups Across Cultures: Groups Provide More Support but Have Stronger Norms and Are Less Curative in Relationally Immobile Societies**

Matthew J. Easterbrook, et. al., Anna Hakobjanyan

Social Psychological and Personality Science 2024 1-12

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*Article*

**Need for approval from others and face concerns as predictors of interpersonal conflict outcome in 29 cultural groups**

Vivian Miu-Chi Lun, Peter B. Smith, et. al., Hakobjanyan Anna, Grigoryan Lusine

International Journal of Psychology 2023 258-271

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*Monograph*

**ՔՈՎԻԴ-19-ի փորձառությունը Հայաստանում. արձագանքը և սոցիալ-հոգեբանական հետևանքները**  
Նարինե Խաչատրյան, Անի Գրիգորյան, Սոնա Մանուսյան, Աննա Հակոբջանյան, Անի Պողոսյան

2023 186

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*Article*

**Warmth and competence perceptions of key protagonists are associated with containment measures during the COVID-19 pandemic: Evidence from 35 countries**

Maria-Therese Friehs, et. al, Anna Hakobjanyan, Narine Khachatryan

Scientific Reports 2022 21277

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Article

**Is an Emphasis on Dignity, Honor and Face more an Attribute of Individuals or of Cultural Groups?**

Peter B. Smith, Matthew J. Easterbrook, Yasin Koc, Vivian Miu-Chi Lun, Dona Papastylianou, Lusine Grigoryan, Claudio Torres, Maria Efremova, Bushra Hassan, Ammar Abbas, Abd Halim Ahmad, Ahmed al-Bayati, Heyla A. Selim, Joel Anderson, Susan E. Cross, Gisela Isabel Delfino, Vladimer Gamsakhurdia, Alin Gavreliuc, Dana Gavreliuc, Pelin Gul, Ceren Günsoy, Anna Hakobjanyan, Siugmin Lay, Olga Lopukhova, Ping Hu, Diane Sunar, , Maria Luisa Mendes Texeira, Doriana Tripodi, Paola Eunice Diaz Rivera, Yvette van Osch, Masaki Yuki, Natsuki Ogusu, Catherine T. Kwantes, Rolando Diaz-Loving, Lorena Pérez-Floriano, Trawin Chaleeraktragoon, Phatthanakit Chobthamkit  
Cross-Cultural Research 2021 95-126

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Article

**Կյանքով բավարարվածությանը նպաստող գործոնների նշանակությունը Քովիդ-19 համավարակի պայմաններում**

Նարինե Խաչատրյան, Անի Գրիգորյան, Աննա Հակոբջանյան, Սոնա Մանուկյան  
Բանբեր Երևանի համալսարանի: Փիլիսոփայություն, հոգեբանություն: 2021 63-74

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Article

**THE ROLE OF HEALTH BELIEFS IN COVID-19 PREVENTIVE BEHAVIOR**

Manusyan S. H., Hakobjanyan A. R.  
Արդի հոգեբանություն 2021 229-236

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Article

**Առողջության պահպանման սոցիալ-կոգնիտիվ գործոնները. մարզվելու մտադրությունը՝ որպես առողջ ապրելակերպի մեկնարկ**

Հակոբջանյան Ա. Ռ.  
Հոգեկան առողջության հայկական հանդես 2021 47-56

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Article

**Sex Differences in Self-Construal and in Depressive Symptoms: Predictors of Cross-National Variation**

Peter B. Smith, Matthew J. Easterbrook, Heyla al-Selim, Vivian Miu Chi Lun, Yasin Koc, Pelin Gul, Dona Papastylianou, Lusine Grigoryan, Claudio Torres, Maria Efremova, Bushra Hassan, Abd Halim Ahmad, Ahmed al-Bayati, Joel Anderson, Susan E. Cross, Gisela Isabel Delfino, Vladimer Gamsakhurdia, Alin Gavreliuc, Dana Gavreliuc, Ceren Gunsoy, Anna Hakobjanyan, Siugmin Lay, Olga Lopukhova, Ping Hu, Diane Sunar, Maria Luisa Mendes Texeira, Doriana Tripodi, Paola Eunice Diaz Rivera, Yvette van Osch, Masaki Yuki, Ammar Abbas, Natsuki Ogusu, Catherine T. Kwantes, Rolando Diaz-Loving, Lorena Perez Floriano, Trawin Chaleeraktragoon, Phatthanakit Chobthamkit  
Journal of Cross-Cultural Psychology 2020 616-635

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Article

**ՏԻՆԵԸ ԹՈՂՆԵԼՈՒ ՎԱՐՔԱԳԾԱՅԻՆ ՄՏԱԴՐՈՒԹՅԱՆ ԶԵՎԱՎՈՐՄԱՆ ՍՈՑԻԱԼ-ՀՈԳԵԲԱՆԱԿԱՆ ԿԱՆՆՈՐՈՇԻՉՆԵՐԸ**

Հակոբջանյան Ա. Ռ.  
Արդի հոգեբանություն 2020 20-27

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Article

**Stereotypes as Historical Accidents: Images of Social Class in Postcommunist Versus Capitalist Societies**

Lusine Grigoryan, Xuechunzi Bai, Federica Durante, Susan T. Fiske, Marharyta Fabrykant, Anna Hakobjanyan, Nino Javakhishvili, Kamoliddin Kadirov, Marina Kotova, Ana Makashvili, Edona Maloku, Olga Morozova-Larina, Nozima Mullabaeva, Adil Samekin, Volha Verbilovich, Illia Yahiiaiev  
Personality and Social Psychology Bulletin 2019 927-943

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Article

**ԱՈՌՈՋՈՒԹՅԱՆ ՊԱՀՊԱՆՄԱՆՆ ՈՒՂԴՎԱԾ ՎԱՐՔԻ ԿԱՐԳԱՎՈՐՄԱՆ ՆԵՐՔԻՆ ԵՎ ԱՐՏԱՔԻՆ ՁԵՎԵՐԸ**

Հակոբջանյան Ա. Ռ.  
Արդի հոգեբանություն 2019 292-299

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Article

**ԱՆՁԻ ԻՆՔՆԱՐԴՅՈՒՆԱՎԵՏՈՒԹՅԱՆ ԵՎ ՆԵՐՔԻՆ ԴՐՂԱՊԱՏՃԱՈՆԵՐԻ ԴԵՐԸ ԱՈՌՈՋ ԿԵՆՍԱԿԵՐՊ ՎԱՐԵԼՈՒ ՄՏԱԴՐՈՒԹՅՈՒՆՆԵՐՈՒՄ**

Հակոբջանյան Ա. Ռ.  
Արդի հոգեբանություն 2018 69-79

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Article

**Personal Sovereignty in Adolescents and Youth from Armenia, China, and Russia**

Sofya K. Nartova-Bochaver, Anna Hakobjanyan, Svetlana Harutyunyan, Narine Khachatryan, Michael S. Wu  
Psychology in Russia: State of the Art 2018 53-68

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Article

**ГЕНДЕРНО-ВОЗРАСТНЫЕ АСПЕКТЫ ПСИХОЛОГИЧЕСКОЙ СУВЕРЕННОСТИ В АРМЕНИИ, КИТАЕ И РОССИИ**

Нартова-Бочавер С.К., Акобджанян А. Р., Арутюнян С. Ф., Хачатрян Н. Г., Ву М.Ш., Жу Ч.  
Արդի հոգեբանություն 2017 541-545

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Article

**Ֆիզիկական ակտիվությամբ զբաղվելու մտադրությունների կանխորոշիչ գործոնները**

Հակոբջանյան Ա. Ռ.  
Փորձարարական հետազոտությունները հոգեբանության մեջ. Երիտասարդ հոգեբանների գիտական հոդվածների ժողովածու  
2016 64-70  
<http://www.ysu.am>

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Conference

**Does smoking matter in the intentions towards healthy diet? Results of regression analysis.**

A. Hakobjanyan, N. Khachatryan

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Conference

**Առողջ սնվելու վարքի հիմքում ընկած դիրքորոշումների տարբերությունները ծխող և չծխող մարդկանց մոտ**

Հակոբջանյան Ա. Ռ.

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Conference

**Does culture matter in universal structure of social axioms? Factor analysis results from**

**armenian sample**

Anna Hakobjanyan, Nvard Grigoryan, Astghik Serobyanyan

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*Conference*

**The psychological sovereignty in three cultures during transition from adolescence to youth**

Sofya Nartova-Bochaver, Anna Hakobjanyan, Svetlana Harutyunyan, Narine Khachatryan,

Michael Shengtao Wu, Chan Zhou

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*Conference*

**The personal sovereignty in students from Armenia, China, and Russia**

Nartova-Bochaver, Sofya, Hakobjanyan, Anna, Harutyunyan, Svetlana, Khachatryan, Narine,

Wu, Michael Shengtao

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*Conference*

**THE PSYCHOLOGICAL SOVEREIGNTY IN ADOLESCENTS FROM ARMENIA, CHINA, AND RUSSIA**

Dmitrieva, N., Nartova-Bochaver, S., Hakobjanyan, A., Harutyunyan, S., Khachatryan, N., S. Wu, M.,

Zhou, C.

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*Conference*

**In Addition to Theory of Planned Behavior: The Predictors of Exercising (results from Armenian sample)**

Anna HAKOBJANYAN, Narine KHACHATRYAN

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*Conference*

**Do collective narcissism and conspiracy beliefs about Covid-19 make people resilient?**

Narine Khachatryan, Ani Grigoryan, Anna Hakobjanyan, Sona Manusyan

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*Conference*

**Mediation effects of belief in science and general vaccine acceptance on pro-vaccine and anti-vaccine public behaviours**

Narine Khachatryan, Ani Grigoryan, Sona Manusyan, Anna Hakobjanyan

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*Conference*

**Self-regulation of healthy diet: which factors predict intentions for dietary behavior?**

Anna Hakobjanyan, Narine Khachatryan

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*Conference*

**Subjective well-being during the Covid-19 pandemic: the predictive role of Covid- related adaptive behavior.**

A. Hakobjanyan, A. Grigoryan, N. Khachatryan, S. Manusyan

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*Conference*

**Sociocultural influences on alternative medicine engagement: the predictive role of health beliefs**

A. Hakobjanyan, A. Serobyanyan

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